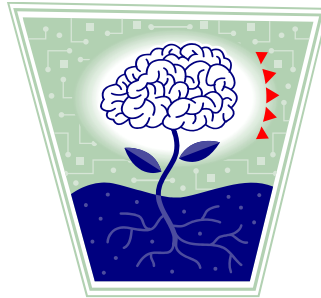


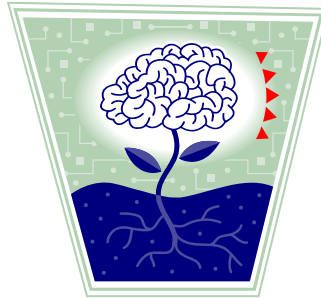
# BRAIN BULLETIN BOARD



FOOD FOR THOUGHT

# FOOD FOR THOUGHT

## #9



The brain can live for 4 to 6 minutes without oxygen before it begins to die. No oxygen for 5 to 10 minutes will result in permanent brain damage.

(Nursing Assistant Central)