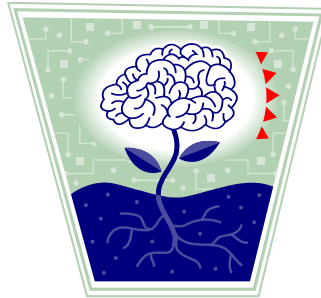


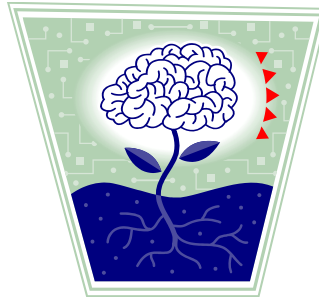
# BRAIN BULLETIN BOARD



FOOD FOR THOUGHT

# FOOD FOR THOUGHT

## #3



Remember that the brain is part of the body. Things that exercise your body can also help sharpen your brain.

(Alvaro Fernandez)