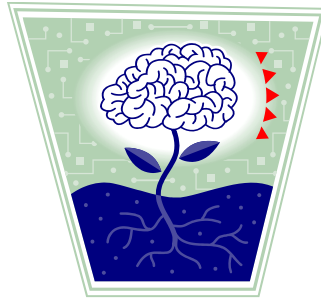


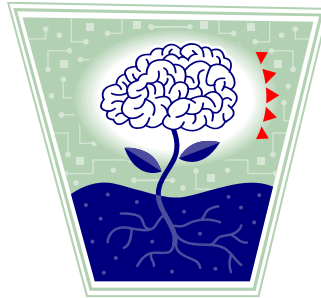
BRAIN BULLETIN BOARD



FOOD FOR THOUGHT

FOOD FOR THOUGHT

#1



Your brain needs 7~9 hours of
good sleep every day.

(Terry Small)